## Archdiocesan Track \& Field Championship Meet Race Schedule

| Event | Age Group | Time |
| :---: | :---: | :---: |
| 4X 200m RELAY | Novice (Girls/Boys) | 9:30 am |
|  | Minor (Girls/Boys) | 9:50 am |
|  | Cadet (Girls/Boys) | 10:10 am |
| 4X800 Open Relay | Open Girls | 10:30 am |
|  | Open Boys | 10:45 am |
| 100m Trials | Novice (Girls/Boys) | 11:00 am |
|  | Minor (Girls/Boys) | 11:10 am |
|  | Cadet (Girls/Boys) | 11:15 am |
| 1600m | Novice (Girls/Boys) | 11:25 am |
|  | Minor (Girls/Boys) | 11:45 am |
|  | Cadet (Girls/Boys) | 12:00 pm |
| 400m | Novice (Girls/Boys) | 12:15 pm |
|  | Minor (Girls/Boys) | 12:25 pm |
|  | Cadet Girls/Boys) | 12:40 pm |
| 4X 100m RELAY | Novice (Girls/Boys) | 1:00 pm |
|  | Minor (Girls/Boys) | 1:10 pm |
|  | Cadet (Girls/Boys) | 1:20 pm |
| 100m FINALS | All Age Groups | 1:30 pm |
| 800m | Novice (Girls/Boys) | 1:40 pm |
|  | Minor (Girls/Boys) | 1:50 pm |
|  | Cadet (Girls/Boys) | 2:00 pm |
| 200m | Novice (Girls/Boys) | 2:15 pm |
|  | Minor (Girls/Boys) | 2:25 pm |
|  | Cadet (Girls/Boys) | 2:35 pm |
| 4X 400m Open Relay | Open Girls | 2:45 pm |
|  | Open Boys | 2:55 pm |

Important Note: The times listed are approximate times for races. The meet may run ahead of schedule, it is the responsibility of the participants to be available and ready when called.
*Field Events will not start prior to schedule times; however they may run behind schedule.
** The Shot Put open pit will be for athletes in all age group, from 9:00 am to 9:30 am, for those Shot Put athletes who have conflicts with events held at the track.

|  | High Jump |  | Long Jump |  |
| :--- | :---: | :---: | :---: | :---: |
| Open |  |  | Shot Put | Triple Jump |
| Novice Girls | $12: 30 \mathrm{pm}$ |  | $10: 45 \mathrm{am}$ |  |
|  | $9: 30 \mathrm{am}$ | none |  |  |
| Novice Boys | $12: 30 \mathrm{pm}$ | $10: 45 \mathrm{am}$ |  | $9: 30 \mathrm{am}$ |
| Minor Girls | $9: 30 \mathrm{am}$ | $12: 00 \mathrm{pm}$ |  | none |
| Minor Boys | $9: 30 \mathrm{am}$ | $12: 00 \mathrm{am}$ | none |  |
| Cadet Girls | $11: 00 \mathrm{am}$ | $9: 30 \mathrm{am}$ | $10: 45 \mathrm{am}$ | none |
| Cadet Boys | $11: 00 \mathrm{am}$ | $9: 30 \mathrm{am}$ | $12: 00 \mathrm{am}$ | $1: 30 \mathrm{pm}$ |
| Com |  |  |  |  |

Important Note: Long Jump, Triple Jump and High Jump are not open pits. Competitors must take their turn in order, unless participating in running events, then they must follow the event conflict rules (see page 14).

