

## 2023 Green Region CYO Track Schedule

### Regular Season Practice Meets

#### **Sun March 26<sup>th</sup> – Meet #1 – One Location – Sun PM – Varsity Only**

**Mount Saint Joseph Academy**, Flourtown – 12:30pm Arrival, 1:00pm Start

Teams: Mater Dei, Nativity/St. Cyril, OLG, Queen of Peace, St. Anthony, St. Catherine, St. David/OLHC, St. Hilary/Immaculate Conception, St. Joe/St. Rob, St. Luke

Event Order: 1600-100-400-800-200-4x100 Relay; LJ, HJ, SP – Open

Heat Order: Varsity Girls Novice -> Cadet, Varsity Boys Novice -> Cadet

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#### **Sat-Sun April 1<sup>st</sup>-2<sup>nd</sup> – Meet #2 – Two Locations – Sat AM & Sun PM – Varsity/Bantam**

**Sat April 1<sup>st</sup> – La Salle College High School**, Wyndmoor – 10:00am Arrival, 10:30am Start

Teams: OLG, Queen of Peace, St. Catherine, St. David/OLHC, St. Hilary/Immaculate Conception, St. Luke

**Sun April 2<sup>nd</sup> – Unami Middle School**, Chalfont – 12:30pm Arrival, 1:00pm Start

Teams: Mater Dei, Nativity/St. Cyril, St. Anthony, St. Joe/St. Rob

Event Order: 1600-100-400-800-200-4x100 Relay; LJ, HJ, SP – Open

Heat Order: Bantams Young -> Old, Varsity Girls Novice -> Cadet, Varsity Boys Novice -> Cadet

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#### **Sat-Sun April 15<sup>th</sup>-16<sup>th</sup> – Meet #3 – Two Locations – Sat AM & Sun PM – Varsity/Bantam**

**Sat April 15<sup>th</sup> – Mount Saint Joseph Academy**, Flourtown – 8:30am Arrival, 9:00am Start

Teams: Nativity/St. Cyril, OLG, St. Anthony, St. David/OLHC

**Sun April 16<sup>th</sup> – Unami Middle School**, Chalfont – 12:30pm Arrival, 1:00pm Start

Teams: Mater Dei, Queen of Peace, St. Catherine, St. Hilary/Immaculate Conception, St. Joe/St. Rob, St. Luke

Event Order: 800-200-400-1600-100-4x100 Relay; LJ, HJ, SP – Open

Heat Order: Bantams Young -> Old, Varsity Girls Novice -> Cadet, Varsity Boys Novice -> Cadet

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#### **Sat-Sun April 22<sup>nd</sup>-23<sup>rd</sup> – Meet #4 – Two Locations – Sat AM & Sun PM – Varsity/Bantam**

**Sat April 22<sup>nd</sup> – La Salle College High School**, Wyndmoor – 10:00am Arrival, 10:30am Start

Teams: Mater Dei, Queen of Peace, St. Anthony, St. Catherine, St. Hilary/Immaculate Conception, St. Luke

**Sun April 23<sup>rd</sup> – Unami Middle School, Chalfont – 12:30pm Arrival, 1:00pm Start**  
Teams: Nativity, OLG, St. David, St. Joe/St. Rob

Event Order: 4x100 Relay-1600-100-400-800-200; LJ, HJ, SP – Open  
Heat Order: Bantams Young -> Old, Varsity Girls Novice -> Cadet, Varsity Boys Novice -> Cadet

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**Sat-Sun April 29<sup>th</sup>-30<sup>th</sup> – Meet #5 – Two Locations – Sat AM & Sun PM – Varsity/Bantam**

**Sat April 29<sup>th</sup> – Mount Saint Joseph Academy, Flourtown – 8:30am Arrival, 9:00am Start**  
Teams: Mater Dei, Nativity, Queen of Peace, St. Anthony, St. Catherine

**Sun April 30<sup>th</sup> – Unami Middle School, Chalfont – 12:30pm Arrival, 1:00pm Start**  
Teams: OLG, St. David, St. Hilary/Immaculate Conception, St. Joe/St. Rob, St. Luke

Event Order: 800-200-400-1600-100-4x100 Relay; LJ, HJ, SP – Open  
Heat Order: Bantams Young -> Old, Varsity Girls Novice -> Cadet, Varsity Boys Novice -> Cadet

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**Post-Season Championship Meets**

**Sun May 7<sup>th</sup> – Green Region Varsity Championship (Varsity Only)**  
**Hatboro Horsham High School, Horsham – 12:00pm Start**  
All Green Region Teams  
*Top 8 per Gender/Age Division/Event qualify for Area III Champs*

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**Sat May 13<sup>th</sup> – Green Region Bantam Championship (Bantam Only)**  
**Unami Middle School, Chalfont – 9:00am Start**  
All Green Region Teams + St. Hilary/Immaculate Conception

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**Sat May 20<sup>th</sup> – Area III Championship (Varsity Only)**  
**Cardinal O’Hara High School, Springfield (Delaware County) – Start Time TBD**  
Green, Red, and Gray Regions  
*Top 8 per Gender/Age Division/Event qualify for Archdiocese Champs*

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**Sat June 3<sup>rd</sup> – Archdiocese Championship (Varsity Only)**  
**University of Pennsylvania (Franklin Field), Philadelphia – Start Time TBD**  
Areas I, II, and III

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