## Mt St Joseph Academy Track & Field Camp

## Looking for some fun and challenging activities for your daughter this summer?



Distance Running, Sprints, Throws, Hurdles, Jumps, Conditioning, Light Weight Training, Nutrition Tips When: June 20-23

Where: Mount St Joseph Academy

Time: 9AM-12PM

Cost: \$220 per camper

Each Camper will receive a tee-shirt

Register- www.msjacad.org

Coach Kitty McClernand- ktmcclernand@gmail.com