

Mt St Joseph Academy Track & Field/XC Camp

Looking for some fun and challenging activities for your daughter this summer?



Distance Running, Sprints, Throws,
Hurdles, Jumps, Conditioning,
Light Weight Training, Nutrition Tips

When: June 17-18 & 20-21

Where: Mount St Joseph Academy

Time: 9AM-12PM

Cost: \$250 per camper

Each Camper will receive a tee-shirt

Register- www.msjacad.org

Coach Kitty McClelland- kmcclelland@msjacad.org