

**ST. ALPHONSUS GIRLS CYO TRACK & FIELD RECORDS**  
**REGION 11, AREA C, ARCHDIOCESE & PENN RELAYS**  
**CHAMPIONSHIP MEETS THRU 2021**  
(St. Alphonsus Parish – Maple Glen, PA)

<b>4 x 100m</b>	<b>PENN RELAYS</b>	<b>TIME</b>	<b>YEAR &amp; FINISH</b>
Junior Girls (Ages 9-11)	Emmy Dolaway, Alissa Klammer, Allie DeAngelis, Bridget Lipp	:57.53	2009 - 2nd out of 98 teams
Senior Girls (Ages 12-14)	Mia Costonis, Kiera Tavolaro, Cassidy Palazzo, Maura Dianno	:52.56	2017 - 1st out of 99 teams
<b>CYO EVENT</b>	<b>NOVICE GIRLS (Ages 9-10)</b>	<b>TIME / DISTANCE</b>	<b>YEAR SET &amp; CHAMPIONSHIP MEET</b>
100m	Maura Dianno	:14.01	2014 - Area C
200m	Courtney Michaels	:30.84	2005 - Area C
400m	Alexa Marques	1:09.20	2007 - Archdiocese
800m	Reese Miller	2:42.97	2018 - Archdiocese
1600m	Michaela McCrudden	5:48.29	2003 - Archdiocese
Long Jump	Maura Dianno	14' 1.5"	2014 - Region 11 Record
Shot Put	Candice Ionescu	20' 0.5"	2008 - Archdiocese
High Jump	Megan McCloskey	4' 3"	2007 - Region 11 Record
4 x 100m	Alissa Klammer, Allie DeAngelis, Bridget Morrissey, Caroline Drummond	1:00.52	2008 - Archdiocese
4 x 200m	Meghan Barbera, Stephanie Ierardi, Bryn McLaughlin, Jenna Schumann	2:09.65	2011 - Archdiocese
<b>CYO EVENT</b>	<b>MINOR GIRLS (Ages 11-12)</b>	<b>TIME / DISTANCE</b>	<b>YEAR SET &amp; CHAMPIONSHIP MEET</b>
100m	Bridget Lipp Maura Dianno	:13.12 :13.42 FAT	2010 - Region 11 Record 2016 - Area C
200m	Bridget Lipp	:27.41	2010 - Region 11 Record
400m	Catherine Peel	1:04.49	2011 - Archdiocese
800m	Catherine Peel	2:29.08	2010 - Archdiocese
1600m	Amanda Kulak	5:44.72	2017 - Area C
Long Jump	Megan McCloskey	15' 6.25"	2009 - Archdiocese Champion
Shot Put	Lucile Ionescu	28' 2.5"	2010 - Region 11
High Jump	Megan McCloskey	5' 4"	2009 - Archdiocese Record
4 x 100m	Maura Knowles, Julia Rizzuto, Kiernan McCloskey, Courtney Michaels	:54.54	2007 - Archdiocese
4 x 200m	Megan McCloskey, Bridget Lipp, Kayla McAnaney, Alexa Marques	1:55.32	2009 - Archdiocese Champions
<b>CYO EVENT</b>	<b>CADET GIRLS (Ages 13-14)</b>	<b>TIME / DISTANCE</b>	<b>YEAR SET &amp; CHAMPIONSHIP MEET</b>
100m	Bridget Lipp	:12.91	2011 - Region 11 Also Archdiocese Champion (:13.11)
200m	Bridget Lipp	:26.50	2011 - Archdiocese Champion
400m	Bridget Lipp	1:02.08	2011 - Region 11
800m	Michaela Novakovic	2:28.04	2009 - Archdiocese
1600m	Kelsey Rose	5:42.44	2004 - Archdiocese
Long Jump	Kiernan McCloskey	16' 2"	2009 - Archdiocese Champion
Shot Put	Justine Morgan	32' 1.5"	2010 - Archdiocese
High Jump	Megan McCloskey	5' 7"	2010 - Archdiocese Record
Triple Jump	Kiernan McCloskey	31' 10"	2009 - Archdiocese
4 x 100m	Emily Horniak, Emily Sadorf, Sarah White, Peyton Palazzo	:53.73	2016 - Archdiocese
4 x 200m	Elisabetta Scutti, Kiera Tavolaro, Ella Clayton, Isabella Gentile	1:54.82	2018 - Area C
<b>CYO EVENT</b>	<b>OPEN GIRLS (Novice-Minor-Any-Any)</b>	<b>TIME</b>	<b>YEAR SET &amp; CHAMPIONSHIP MEET</b>
4 x 400m	Grace McGettigan, Bryn McLaughlin, Caroline Drummond, Catherine Peel	4:38.01	2012 - Archdiocese
4 x 800m	Catherine Peel, Brigid Peyton, Lucile Ionescu, Michaela Novakovic	11:23.92	2009 - Area C