

**GWYNEDD MERCY GIRLS CYO TRACK & FIELD RECORDS
REGION 11, AREA C, ARCHDIOCESE & PENN RELAYS
CHAMPIONSHIP MEETS THRU 2021**

(Gwynedd Mercy Academy Elementary School – Maple Glen, PA)

4 x 100m	PENN RELAYS	TIME	YEAR & FINISH
Junior Girls	Ages 9-11	1:06.44	2018 - 60th out of 85 teams
Senior Girls	Ages 12-14	1:02.81	2019 - 85th out of 94 teams
CYO EVENT	NOVICE GIRLS (Ages 9-10)	TIME or DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Chloe Folk	:15.83	2018 - Region 11
200m	Tien Barrett	:34.58	2017 - Region 11
400m	Tien Barrett	1:16.41	2017 - Region 11
800m			
1600m			
Long Jump	Ella Esplin	11' 1.5"	2019 - Region 11
Shot Put	Ella Esplin	22' 1"	2019 - Region 11
High Jump			
4 x 100m			
4 x 200m			
CYO EVENT	MINOR GIRLS (Ages 11-12)	TIME or DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Maya Gruginski	:14.58	2019 - Region 11
200m	Tien Barrett	:30.80	2019 - Region 11
400m	Molly Minnich	1:12.65	2019 - Region 11
800m	Olivia Calvanese	3:05.43	2019 - Region 11
1600m	Ava Gonnella	6:40.87	2019 - Region 11
Long Jump	Olivia Calvanese	10' 5"	2019 - Region 11
Shot Put	Vivian Lipsky	20' 0"	2019 – Region 11
High Jump			
4 x 100m	Maya Gruginski, Alexa McCabe, Tien Barrett, Chloe Folk	1:02.92	2019 - Region 11
4 x 200m			
CYO EVENT	CADET GIRLS (Ages 13-14)	TIME or DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Lindsay Shearman	:16.20	2017 - Region 11
200m	Arlyn Kryst	:35.02	2017 - Region 11
400m	Ella Valencia	1:25.42	2017 - Region 11
800m	Arlyn Kryst	3:13.04	2017 - Region 11
1600m			
Long Jump	Ella Valencia	10' 1.75"	2017 - Region 11
Shot Put			
High Jump			
Triple Jump			
4 x 100m			
4 x 200m	Luca Bixby, Ella Valencia, Arlyn Kryst, Lindsay Shearman	2:19.64	2017 - Area C
CYO EVENT	OPEN GIRLS (Novice-Minor-Any-Any)	TIME	YEAR SET & CHAMPIONSHIP MEET
4 x 400m			
4 x 800m			