GWYNEDD MERCY GIRLS CYO TRACK & FIELD RECORDS
REGION 11, AREA C, ARCHDIOCESE & PENN RELAYS
CHAMPIONSHIP MEETS THRU 2021

(Gwynedd Mercy Academy Elementary School – Maple Glen, PA)

4 x 100m	PENN RELAYS	TIME	YEAR & FINISH
Junior Girls	Ages 9-11	1:06.44	2018 - 60th out of 85 teams
Senior Girls	Ages 12-14	1:02.81	2019 - 85th out of 94 teams
CYO EVENT	**NOVICE GIRLS (Ages 9-10)**	**TIME or DISTANCE**	**YEAR SET & CHAMPIONSHIP MEET**
100m	Chloe Folk	:15.60	2018 - Area C
200m	Tien Barrett	:34.28	2017 - Area C
400m	Ella Esplin	1:15.18	2019 - Archdiocese
800m			
1600m			
Long Jump	Ella Esplin	12' 0"	2019 - Area C
Shot Put	Ella Esplin	24' 11.5"	2019 - Archdiocese
High Jump			
4 x 100m			
4 x 200m			
CYO EVENT	**MINOR GIRLS (Ages 11-12)**	**TIME or DISTANCE**	**YEAR SET & CHAMPIONSHIP MEET**
100m	Maya Gruginski	:14.58	2019 - Region 11
200m	Tien Barrett	:30.19	2019 - Archdiocese
400m	Molly Minnich	1:12.65	2019 - Region 11
800m	Olivia Calvanese	3:05.43	2019 - Region 11
1600m	Ava Gonnella	6:33.77	2019 - Area C
Long Jump	Olivia Calvanese	10' 5"	2019 - Region 11
Shot Put	Vivian Lipsky	20' 0"	2019 – Region 11
High Jump			
4 x 100m	Maya Gruginski, Alexa McCabe, Tien Barrett, Chloe Folk	1:02.92	2019 - Region 11
4 x 200m			
CYO EVENT	**CADET GIRLS (Ages 13-14)**	**TIME or DISTANCE**	**YEAR SET & CHAMPIONSHIP MEET**
100m	Lindsay Shearman	:16.20	2017 - Region 11
200m	Arlyn Kryst	:35.02	2017 - Region 11
400m	Ella Valencia	1:25.42	2017 - Region 11
800m	Arlyn Kryst	3:13.04	2017 - Region 11
1600m			
Long Jump	Ella Valencia	10' 1.75"	2017 - Region 11
Shot Put			
High Jump			
Triple Jump			
4 x 100m			
4 x 200m	Luca Bixby, Ella Valencia, Arlyn Kryst, Lindsay Shearman	2:19.64	2017 - Area C
CYO EVENT	**OPEN GIRLS (Novice-Minor-Any-Any)**	**TIME**	**YEAR SET & CHAMPIONSHIP MEET**
4 x 400m			
4 x 800m			