

GOOD COUNSEL GIRLS CYO TRACK & FIELD RECORDS
REGION 11, AREA C, ARCHDIOCESE & PENN RELAYS
CHAMPIONSHIP MEETS THRU 2022
(Our Lady of Good Counsel Parish – Southampton, PA)

4 x 100m	PENN RELAYS	TIME	YEAR & FINISH
Junior Girls	Ages 9-11	:58.88	2004 - 5th out of 96 teams
Senior Girls	Ages 12-14	:55.14	2006 - 12th out of 110 teams
CYO EVENT	NOVICE GIRLS (Ages 9-10)	TIME / DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Jen Krause	:14.20	1992 - Region 11 Record until 2021
200m	Stacey Cronin	:30.47	1996 - Region 11 Record until 2021
400m	Jessica Lane	1:10.54	2016 - Region 11
800m	Brigid Johnston	2:47.22	2018 - Archdiocese
1600m	Talia Shaw	6:04.76	2005 - Archdiocese
Long Jump	Alexandra Pero	12' 0"	2004 - Area C
Shot Put	Marikate Cook	23' 0.5"	2002 - Area C
High Jump			
4 x 100m	1:02.50	1:02.50	1987 - Region 11 Record
4 x 200m	Leila Santos, Maren Johnston, Madelyn DeFortune, Lucy Mavroudis	2:17.25	2019 - Archdiocese
CYO EVENT	MINOR GIRLS (Ages 11-12)	TIME / DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Stacey Cronin Paige Sellers	:13.66 :13.67 FAT	1998 - Region 11 2013 - Region 11
200m	Paige Sellers	:27.77	2013 - Region 11
400m	Paige Sellers	1:01.91	2013 - Region 11 Record
800m	Regina Wilson	2:38.05	2005 - Area C
1600m	Talia Shaw	5:49.61	2007 - Region 11
Long Jump	Alexis Sellers	12' 7.5"	1998 - Region 11
Shot Put	Marikate Cook	30' 5"	2004 - Region 11 Also Archdiocese Champion (29' 4.5")
High Jump	Orla Cole	4' 6"	2007 - Area C
4 x 100m	:59.51	:59.51	1998 - Region 11
4 x 200m	Teresa Johnston, Alyson Vogt, Victoria Dolt, Ashlyn Weiderman	2:01.20	2018 - Archdiocese
CYO EVENT	CADET GIRLS (Ages 13-14)	TIME / DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Stacey Cronin Deana Campbell	:13.32 :13.42 FAT	1999 - Region 11 2016 - Archdiocese
200m	Deana Campbell	:27.82	2017 - Archdiocese
400m	Stacey Cronin	1:01.27	1999 - Region 11 Record until 2022
800m	Regina Wilson	2:31.92	2007 - Archdiocese
1600m	Talia Shaw	5:38.00	2008 - Region 11
Long Jump	Erin McMahon	14' 10"	2002 - Archdiocese
Shot Put	Lindsay Alexander	35' 7"	2005 - Area C Also Archdiocese Champion (35' 2.25")
High Jump	Alicia Raciti	4' 4"	2002 - Region 11
Triple Jump	Victoria Nangle	24' 1"	2013 - Region 11
4 x 100m	Caitlin Bendig, Kerri McClay, Amanda Ervin, Kellie Foley	:55.62	2006 - Archdiocese
4 x 200m	Ashlyn Weiderman, Sarah Demore, Jessica Lane, Victoria Dolt	1:58.38	2019 - Archdiocese
CYO EVENT	OPEN GIRLS (Novice-Minor-Any-Any)	TIME	YEAR SET & CHAMPIONSHIP MEET
4 x 400m	Olivia Lorenz, Brigid Johnston, Teresa Johnston, Victoria Dolt	4:45.56	2019 - Area C
4 x 800m	Sarah Leonard, Orla Cole, Regina Wilson, Amanda Ervin	10:57.66	2006 - Archdiocese