

**GWYNEDD MERCY GIRLS CYO TRACK & FIELD RECORDS**  
**REGION 11, AREA C, ARCHDIOCESE & PENN RELAYS**  
**CHAMPIONSHIP MEETS THRU 2022**

(Gwynedd Mercy Academy Elementary School – Maple Glen, PA)

| 4 x 100m     | PENN RELAYS  | TIME                | YEAR & FINISH                   |
|--------------|--|---------------------|---------------------------------|
| Junior Girls | Ages 9-11  | 1:06.44             | 2018 - 60th out of 85 teams     |
| Senior Girls | Ages 12-14   | 1:02.81             | 2019 - 85th out of 94 teams     |
| CYO EVENT    | NOVICE GIRLS<br>(Ages 9-10)  | TIME or<br>DISTANCE | YEAR SET &<br>CHAMPIONSHIP MEET |
| 100m         | Chloe Folk   | :15.60              | 2018 - Area C                   |
| 200m         | Tien Barrett   | :34.28              | 2017 - Area C                   |
| 400m         | Ella Esplin  | 1:15.18             | 2019 - Archdiocese              |
| 800m         | <b>Taylor McClard</b>  | <b>3:18.73</b>      | <b>2022</b> - Area C            |
| 1600m        | <b>Christine Buehler</b>   | <b>7:46.82</b>      | <b>2022</b> - Region 11         |
| Long Jump    | Ella Esplin  | 12' 0"              | 2019 - Area C                   |
| Shot Put     | Ella Esplin  | 24' 11.5"           | 2019 - Archdiocese              |
| High Jump    |  |                     |                                 |
| 4 x 100m     |  |                     |                                 |
| 4 x 200m     | <b>Liana Gruginski, Taylor McClard,<br/>Nazareth Dejesus, Iyanu Adewunmi</b> | <b>2:18.42</b>      | <b>2022</b> - Region 11         |
| CYO EVENT    | MINOR GIRLS<br>(Ages 11-12)  | TIME or<br>DISTANCE | YEAR SET &<br>CHAMPIONSHIP MEET |
| 100m         | Maya Gruginski   | :14.58              | 2019 - Region 11                |
| 200m         | Tien Barrett   | :30.19              | 2019 - Archdiocese              |
| 400m         | Molly Minnich  | 1:12.65             | 2019 - Region 11                |
| 800m         | Olivia Calvanese   | 3:05.43             | 2019 - Region 11                |
| 1600m        | Ava Gonnella   | 6:33.77             | 2019 - Area C                   |
| Long Jump    | Olivia Calvanese   | 10' 5"              | 2019 - Region 11                |
| Shot Put     | Vivian Lipsky  | 20' 0"              | 2019 – Region 11                |
| High Jump    |  |                     |                                 |
| 4 x 100m     | Maya Gruginski, Alexa McCabe,<br>Tien Barrett, Chloe Folk                    | 1:02.92             | 2019 - Region 11                |
| 4 x 200m     |  |                     |                                 |
| CYO EVENT    | CADET GIRLS<br>(Ages 13-14)  | TIME or<br>DISTANCE | YEAR SET &<br>CHAMPIONSHIP MEET |
| 100m         | Lindsay Shearman   | :16.20              | 2017 - Region 11                |
| 200m         | Arlyn Kryst  | :35.02              | 2017 - Region 11                |
| 400m         | Ella Valencia  | 1:25.42             | 2017 - Region 11                |
| 800m         | Arlyn Kryst  | 3:13.04             | 2017 - Region 11                |
| 1600m        |  |                     |                                 |
| Long Jump    | Ella Valencia  | 10' 1.75"           | 2017 - Region 11                |
| Shot Put     | <b>Ella Esplin</b>   | <b>31' 7"</b>       | <b>2022</b> - Area C            |
| High Jump    |  |                     |                                 |
| Triple Jump  |  |                     |                                 |
| 4 x 100m     |  |                     |                                 |
| 4 x 200m     | Luca Bixby, Ella Valencia,<br>Arlyn Kryst, Lindsay Shearman                  | 2:19.64             | 2017 - Area C                   |
| CYO EVENT    | OPEN GIRLS<br>(Novice-Minor-Any-Any)   | TIME                | YEAR SET &<br>CHAMPIONSHIP MEET |
| 4 x 400m     |  |                     |                                 |
| 4 x 800m     |  |                     |                                 |