

ST. ALPHONSUS BOYS CYO TRACK & FIELD RECORDS
REGION, AREA, ARCHDIOCESE & PENN RELAYS
CHAMPIONSHIP MEETS THRU 2025
(St. Alphonsus Parish – Maple Glen, PA)

4 x 100m	PENN RELAYS	TIME	YEAR & FINISH
Junior Boys (Ages 9-11)	Matt Knowles, Cole Swiger, Jake Dianno, Cole D'Andrea	:56.55	2009 - 2nd out of 98 teams
Senior Boys	Ages 12-14	:49.34	2009 - 6th out of 106 teams
CYO EVENT	NOVICE BOYS (Ages 9-10)	TIME / DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Jake Dianno	:13.47	2010 - Archdiocese Champion
200m	Jake Dianno	:28.19	2010 - Archdiocese
400m	Thomas Clayton	1:08.89	2016 - Area C
800m	Chad Dolaway	2:35.40	2010 - Archdiocese
1600m	Shawn Quinn	5:37.88	2003 - Archdiocese Champion
Long Jump	Jake Dianno	15' 5"	2010 - Archdiocese
Shot Put	Dillon Pierce	24' 5.50"	2005 - Region 11
High Jump	Ian Smith Jack Hollingsworth	4' 4" 4' 4"	2003 - Area C; Also Arch Champion (4' 2") 2002 - Archdiocese
4 x 100m	Matthew Knowles, Cole Swiger, Will Rietzke, Cole D'Andrea	:59.73	2008 - Archdiocese
4 x 200m	Michael Toth, Liam Ragan, Peter Reilly, Coleman McClintock	2:11.08	2014 - Archdiocese
CYO EVENT	MINOR BOYS (Ages 11-12)	TIME / DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Jake Dianno	:12.28	2012 - Archdiocese Champion
200m	Cole D'Andrea	:25.19	2010 - Archdiocese
400m	Tom Cowhey	:59.64	2001 - Archdiocese
800m	Ian Smith	2:18.42	2005 - Archdiocese Champion
1600m	Ian Smith	5:03.34	2005 - Area C
Long Jump	Anthony Wydan	17' 11.25"	2007 - Archdiocese
Shot Put	Robert Reilly	32' 6.75"	2018 - Area C
High Jump	Kyle McCloskey	5' 0"	2011 - Archdiocese
4 x 100m	Greg Pierce, Tom Cowhey, Chris Driscoll, Vince Rizzuto	:53.53	2001 - Archdiocese
4 x 200m	Matthew Knowles, Cole Swiger, Kyle McCloskey, Cole D'Andrea	1:54.75	2010 - Area C
CYO EVENT	CADET BOYS (Ages 13-14)	TIME / DISTANCE	YEAR SET & CHAMPIONSHIP MEET
100m	Rob Gentile Jake Dianno	:11.86 :11.86	2015 - Archdiocese Champion 2013 - Archdiocese Champion
200m	Jake Dianno	:24.35	2013 - Archdiocese Champion
400m	Cole D'Andrea	:54.04	2011 - Archdiocese Champion
800m	Mac Costonis	2:08.65	2015 - Archdiocese
1600m	Shawn Quinn	4:54.50	2006 - Archdiocese
Long Jump	Anthony Wydan	18' 7.75"	2008 - Archdiocese Champion
Shot Put	Kyle McCloskey	43' 8.25"	2013 - Area C
High Jump	Cole Swiger	5' 10"	2012 - Archdiocese Champion
Triple Jump	Nicholas Shettsline	34' 9.50"	2006 - Archdiocese
4 x 100m	Gerard Foley, Bryn D'Andrea, Alfredo Giannaccari, Ryan Siess	:48.13	2009 - Archdiocese
4 x 200m	Gerard Foley, Ryan Siess, Alfredo Giannaccari, Jared D'Andrea	1:42.08	2009 - Archdiocese
CYO EVENT	OPEN BOYS (Novice-Minor-Any-Any)	TIME	YEAR SET & CHAMPIONSHIP MEET
4 x 400m	Thomas Clayton, Daniel Bryce, Aidan McAfee, Greg Cooper	4:15.49	2015 - Archdiocese
4 x 800m	Christian Broome, Michael Lombardi, Aidan McAfee, Daniel Ragan	9:34.65	2015 - Archdiocese Champions
Coed DMR	Brady Donovan, Anthony Paone	13:28.09	2023 - Archdiocese