

Region 11 Volleyball Rules (PIAA- Modified)

Net Height - Varsity and JV A 7'4 1/8

JV B 7'0

Scoreboard – A visual scoreboard must be provided at the gym location. Each team is required to provide an ADULT scorekeeper and line judge for each game. The ref will decide who will keep score.

All teams are required to arrive 15 minutes prior to the scheduled starting time. Both teams scheduled for the final game of the night must stay and help to break down the net, put away chairs and clean up the trash left in the gym. Teams that do not adhere to this may be banned from post season play (playoffs and all-star games.) **Warm ups begin before the scheduled start time!!**

Forfeits - 5 players are required to start the match. A 6th player may be rotated in the game in the middle back position as soon as she arrives. (teams do not lose a point for a missed players serve)

- The first game will be forfeited at game time if 5 players are not available to play.
- The second game will be forfeited at 10 minutes past game time.
- The match will be forfeited 15 minutes past game time.
- The team forfeiting is responsible for all ref fees and scores will be reported as 25-0, 25-0. 15-0.

Illegal Equipment - NO JEWELRY – NO EXCEPTIONS AT ALL.

- Tape covering piercings is not allowed.
- No string jewelry allowed.

- Coaches should check prior to match. If the ref notices jewelry once game begins a team delay will be given.
- Braces, splits are permitted only by the ref's discretion and only if padded.
- If medical equipment must be worn, it must be securely taped to the body and the ref must be notified
- Teams will receive a sanction if jewelry is noticed once the game starts.

Prior to Match - The refs will measure the height of the net; place tape where needed, chose a scorekeeper and instructs line judges of their duties (line judges must be adults). The ref will call for captains and proceed with the coin toss.

- After the coin toss, each team will have 3 minutes of court time and will receive a one minute warning from the ref (to use for serve time if desired)
- After warm ups, all players will line up on the service line of their side. At the refs command, players will shake hands and then congregate in the middle of the court for the prayer. Following the prayer, the starters remain on the court.

Play- Three games will be played using rally scoring. The first two games will be played to 25 (cap 27) and the third game will be played to 15 (cap 17). Only during the championship game must a team win by two points.

- A coin toss will take place for the third game
- No switching sides during the third game
- A ball that hits the ceiling on your side of the court and stays on your side of the court MUST be played. If it hits the ceiling and then crosses the net- it is a dead ball. Anything that is hanging from the ceiling is considered part of the ceiling. The ref has final discretion.

- A player's hand or foot may contact the center line, on or above the line, but may not completely cross it. No other body part is allowed.
- Incidental net contact is limited to hair.

Libero Player – Must have a different colored shirt with number and may serve in one rotation in a set. She may also serve as captain.

Legal Contact – Contact below the waist is illegal

Substitution Rule - Proper procedure must be followed at the Varsity level. Limit- 12.

- Teams that want to substitute 6 players mid-way (or at any other time) through the game will not be allowed any further substitutions during that game unless a certified scorekeeper is available to keep track of all substitutions for the match.

JV Level – all jv teams must rotate all available players into the game in the order that they are seated on the sidelines. (2 setters are exempt). The number of serves a player may serve in consecutive order is 4. After 4 serves, the team must rotate.

- JV teams should put their starting 6 players on the court and seat the remaining players on the bench in the order that you want them to enter the game. Then, with each serve receive, a girl leaves the court and a new girl takes the court (spot tbd a head of time)
- Setters are allowed to stay on the court to encourage a second hit.
- No other form of rotation is acceptable at the JV level.
- If a girl is receiving a consequence for missing practice, attitude, tardiness etc., please let the ref know and seat her out of the rotation.
- Refs will be watching the benches to make sure ALL COACHES are following this.

Overhand Serving Accommodation - All girls are allowed a five foot grace area if attempting an overhand serve. Girls may serve 2 times at the taped line and then must move to the service line. A player may do this each time she is in serve rotation until October 1. Then all players must serve behind the service line. (JV players may do so all year if needed.)

- A foot fault will be called if any part of a player's foot touches the taped line.
- A foot fault will be called if a player lines up behind the service line and any part of her foot touches the line. Any girl who starts out behind the line will be treated as a normal server.
- If a taped line is not available, players must serve behind the service line.
- If a ref feels that a player is using this accommodation without need, he/she may move the player behind the service line.

The JV B league is purely instructional. There is no all-star game, no standings kept, no playoffs and no trophy awarded. I highly encourage all coaches to forget about winning and stress the fundamentals of volleyball. This means that I am hoping that volleyball at this level be played at a level higher than a game of ping pong like volleyball.

- Serves are limited to 4 before rotation must take place.
 - All servers may move up 5 feet in order to serve. After 2 successful serves, player must move behind the service line.
- Rotation is the same as listed above.

Please be sure to move your players behind the service line as soon as possible.

Toss for Service: After the ball is released for service, it may be caught or allowed to drop to get a re-serve. Only one re-serve per serve rotation. The ball does not have to

be tossed/released before contact. Time allowed for service is 5 seconds at the varsity level and 10 seconds at the JV level. (refs will give one warning per team)

Legal Contact: Contact below the waist is illegal.

The no pursuit rule will be applied.

JV SERVING- since the skill level may vary greatly from team to team and for the sake of making the game enjoyable for all, a jv girl may be approved for a serving accommodation at the ref's discretion (for 2 serves during each service rotation.) If your player needs this, please notify the ref. Overhand servers may only be accommodated 5 feet.