

**GIRLS TRACK & FIELD RECORDS**  
**REGION 11 CYO CHAMPIONSHIP MEETS THRU 2019**  
(Archdiocese of Philadelphia)

CYO EVENT	TIME or DISTANCE	NOVICE GIRLS (Ages 9-10)	YEAR SET & PARISH
100m	:14.20 :14.21 FAT	Jen Krause Maura Dianno	1992 - Our Lady of Good Counsel 2014 - St. Alphonsus
200m	:30.47	Stacey Cronin	1996 - Our Lady of Good Counsel
400m	1:08.15 FAT	Katie Meinel	2014 - Nativity of Our Lord
800m	2:45.11 FAT	Gwen Hamilton	2019 - St. Albert the Great
1600m	5:50.33	Colleen Gilmore	2002 - Our Lady Help of Christians
Long Jump	14' 1.5"	Maura Dianno	2014 - St. Alphonsus
Shot Put	25' 5.5"	Grace Moritz	2019 - St. Joseph / St. Robert
High Jump	4' 3"	Megan McCloskey	2007 - St. Alphonsus
4 x 100m	1:02.50		1987 - Our Lady of Good Counsel
4 x 200m	2:16.06 FAT	Gillian DiDomenico, Amanda Messina, Kelly Schoener, Mary Frattera	2013 - St. Joseph / St. Robert
CYO EVENT	TIME or DISTANCE	MINOR GIRLS (Ages 11-12)	YEAR SET & PARISH
100m	:13.12	Bridget Lipp	2010 - St. Alphonsus
200m	:27.41	Bridget Lipp	2010 - St. Alphonsus
400m	1:01.91 FAT	Paige Sellers	2013 - Our Lady of Good Counsel
800m	2:27.71 FAT	Emily Simko	2018 - St. Catherine of Siena
1600m	5:24.95 FAT	Emily Simko	2018 - St. Catherine of Siena
Long Jump	14' 7.75"	Angela Logan	2010 - St. Albert the Great
Shot Put	30' 5.75"	Christina Talarico	1995 - St. Albert the Great
High Jump	5' 2"	Megan McCloskey	2009 - St. Alphonsus
4 x 100m	:56.63	Amber Stratz, Megan Oyer, Brianna Stratz, Marissa Formica	2010 - St. Joseph / St. Robert
4 x 200m	1:59.02	Emma Dolaway, Allie DeAngelis, Alissa Klammer, Bridget Lipp	2010 - St. Alphonsus
CYO EVENT	TIME or DISTANCE	CADET GIRLS (Ages 13-14)	YEAR SET & PARISH
100m	:12.59	Mitchell	1994 - Nativity of Our Lord
200m	:26.82	Ali Diepeveen	2003 - Nativity of Our Lord
400m	1:01.27	Stacey Cronin	1999 - Our Lady of Good Counsel
800m	2:23.54	Kerry Swayne	2003 - St. Catherine of Siena
1600m	5:21.29	Kerry Swayne	2003 - St. Catherine of Siena
Long Jump	15' 8"	Elle Hagedorn	2005 - Ambler Catholic
Shot Put	33' 11.50"	Lizzy McNamee	2016 - St. Albert the Great
High Jump	5' 3"	Taylor Morgan	2008 - St. Alphonsus
Triple Jump	32' 8.5"	Alison Jones	2012 - St. Albert the Great
4 x 100m	:53.61	Amber Stratz, Megan Oyer, Brianna Stratz, Marissa Formica	2011 - St. Joseph / St. Robert
4 x 200m	1:56.00	Amber Stratz, Megan Oyer, Marissa Formica, Brianna Stratz	2011 - St. Joseph / St. Robert
CYO EVENT	TIME	OPEN GIRLS (Novice-Minor-Any-Any)	YEAR SET & PARISH
4 x 400m	4:45.99 FAT	Gwen Hamilton, Katie Bosak, Alyssa Cooper, Alexandra Long	2019 - St. Albert the Great
4 x 800m	10:59.22	Anneliese Sawick, Danielle Leporace, Laura Pospisil, Alex Zanetti	2006 - Our Lady Help of Christians